

SAMAVEDA UPAKARMA – AUGUST 31ST, 2011 (WEDNESDAY)

Sama Veda Upakarma Prayoga for the year 2011 (31-08-2011)

In the case of Sama Veda, The upakarma prayogam is very extensive and differs very much from the Upakarma prayoga of Rig and Yajur Vedis. They always do it in Hastha Nakshtra. It essentially consists of ten steps in the following order:

- 1.Panchagavya sammelanam
- 2.Snana Mahasankalpam
- 3.Brahmayagnam
- 4.Punyaham
- 5.Rishipooja(Uthsarjan Karma)
- 6.Deva,rishi, Pithru Tharpanam (264+12)
- 7.Ghata Poojai
- 8.Yagnopaveethadhaaranam
- 9.Vedarambam
- 10.Kankanadharanam

MAHAA SANKALPAM

(Aacharya+Wear Pavithram + Put Durbha Aasanam under the legs + Wear Two Dharbha between the Pavithram)Darbeshvaaseena: Darbhaan Dhaaryamaana:

AUM SUKLAAM BARADHARAM VISHNUM SASHI VARNAM CHATHURBHUJAM
PRASANNA VADHANAM DHYAAAYETH SARVA VIGHNA UPASHAANTHAYE - OM
BHUUHU, OM BHUVAHA, OM GUM SUVAHA, OM MAHAHA, OM JANAHA, OM
THAPAHA, OOGUM SATHYAM OM THATSAVITHURVARENYAM BHARGO
DEVASYA DEEMAHI DHEEYO-YONA PRACHOTHAYAATH - OM AAPO
JYOTHEERASO AMRUTHAM BRAHMA BHURBUVASSUVAROM OM OM OM.

MAMOPAAKTHA SAMASTHA DHURITHA KSHAYADHWARA SRI PARAMESWARA
PREETHYARTHAM –

THADEVA LAGNAM SUDHINAM THADAIVAA, THAARAABALAM CHANDRABALAM
THADAIVAA, VIDHYAABALAM DAIVABALAM THADAIVAA, SRI LAKSHIPATHETHU
ANGRIYUGAM SMARAAMI –

OM APAVITHRAHAA PAVITHROVAA SARVAA VASTHAAM GATHOPIVAA -
YASMARETH PUNDAREEKAAKSHAM - SABAHYAA ABHYANTHARAHAA SHUCHIHI

MAANASAM VAACHIKAM PAAPAM - KARMANAAM SAMUPAARJITHAM - SRI RAMA
SMARANENAIVA VYAPOHATHI NA-SAMSHAYAHAA –

SRI RAMA, RAMA RAMA RAMA THITHIR VISHNUHU - THATHAA VAARAHAA
NAKSHATRAM VISHNUREVACHAA YOGASCHA KARANAM CHAIVAA SARVAM
VISHNU MAYAM JAGATH_. SRI GOVINDAA, GOVINDA GOVINDAA –

ADHYA SRI BAGAVATHAHAA MAHAAPURUSHASYA AADI VISHNOHO AADI
NAARAYANASYA ACHINTHYAYAA APARIMITHAYAA SAKTHYAA
ABRIYAMAANASYAA MAHAA JALOWGASYAA MADHYE PARIBRAMATHAAM
ANEKA KOTI BRAHMAANDDAANAAM MADHYE YEKATHAME PRITHIVI
APTHEJAHAA VAAYUHU AAKAASHA AHANGAARA MAHAD AVYAKTA AATMAKAIHI
AAVARANAIHI AAVRUTHE ASMIN_ MAHATHI BRAHMAANDA KARANDA MANDALE
AADHAARA SHAKTHI KOORMA VARAHA NANDATHI ASHTA DIGGAJOPARI
PRATHISHTITHAANAAM

ATALA-VITALA-SUTHALA- RASAATTHALA THALAATHALA - MAHAATHALA-
PAATHAALA AKHYAANAAM SAPTHA LOKAANAAM OORDHWA BHAAGE
BHUVARLOKE SUVARLOKA MAHOLOKA JANOLOKA TAPOLOKA SATYA LOKA
AAKHYA LOKA SHATKASYA ADHOBHAAGE

MAHAA NAALAYAMAANA PHANIRAAJA SESHASYA SAHASRA PHANAAMANI
MANDALA MANDITHE, DIGDHANTHI SHUNDAA DHANDA UTTAMBITHE LOKAA
LOKAA CHALENA VALAYITHE, LAVANA IKSHU SURA SARA SARPI DADHI
KSHEERA SUDHODAKA AARNAVAIHI PARIVRUTHE JAMBU PLAKSHA PUSA
KROWNCHA SAKA SAALMALEE PUSHKARAAKHYA SAPTA DWEIPAANAAM
MADHYE JAMBOO DWEPE BHAARATA KIMPURUSHA HAREELAAVRUTA
BHADRAASHWA KETUMAALA HIRANYAKA RAMANAKA KURU VARSHA AAKHYA
NAVA VARSHAANAAM MADHYE BHAARATA VARSHE INDRA DEEPAKASERU
TAAMBRA GABHASTI PUNNAAGA GANDHARVA SOWMYA VARUNA BHARATA
KHANDAANAAM MADHYE BHARATA KHANDE PANCHAASATH KOTI YOJANA
VISTEERNA BHUMANDALE KARMABHUMOU DANDAKAARANYE SAMA BHUMOU
ARDHA REKHAYAA: DAKSHINA DIG BHAAGE SRI SAILASYA AAGNEYA DIG
BHAAGE RAAMASETO: UTTARA DIGBHAAGE GANGA YAMUNA SARASWATI
BEEMARATI GOWTAMI NARMADAA GANTAKI KRISHNAVENI TUNGABADRA
CHANDRABHAAGA MALAAPA: KAAVERI KAPILA TAAMPRAVARNI VEGAVATI
PINAAKINEE KSHEERA NADI AADI ANEKA MAHAANADEE VIRAAJITE
VAARANAASI CHITAMBARA SRI SAILA AHOBILA VENKATAACHALA RAAMASETU
JAMBUKESWARA KUMBHAKONA HAALAASYA GOKARNA ANANTASAYANA
GAYAA PRAYAAGAADI ANEKA PUNYA KSHETRA PARIVRUTE KAAVERI TEERE
SAKALA JAGATU SRUSHTU: PARAARDHA DWYA JEEVINA: BRAHMANA:
PRATHAME PARAARDHE PANCHAASATH ABDAATMIKE ATEETE DWETEEYE
PARAARDHE PANCHASSATH ABDAADOU PRATAME VARSHE PRATAME MAASE
PRATAME PAKSHE PRATAME DIWASE AHANI DWEETEEYE YAAME TRUTEYE
MUHOORTE PAARTIVA KOORMA PRALAYA ANANTA SWETAVARAHA BRAAHMA
SAAVITRI AAKHYE SAPTA KALPAANAAM MADHYE SWETA VARAHA KALPE
SWAAYAMBHUYA SWAAROCHISHA UTTAMA TAAMASA RAIVATA CHAAKSHU
SHAAKHYESHU SHASTSU MANUSHU ATEETESHU SAPTAME VAIVASWATA
MANVANTARE ASHTAAVIGUMSATI TAMEY KALI YUGE PRATAME PADE
YUDHISHTIRA VIKRAMA SAALIVAAHANA VIJAYA ABHINANDANA NAGAARJUNA
KALI BHUMA AAKHYA SAKA PURUSHA MADHYE PARI GANITA SAALIVAAHANA
SAKEY BHOWDHAAVATAARE BRAAMHA DAIVA PITRVYA PRAAJAAPATYA
BAARUSHAPATYA SOWRA CHAANDRA SRAVISHTA NAKSHATRA AAKHYA
NAVAMAANA MADHYA PARIGANITENAA SOWRA CHAANDRA MAANA DWAYENA
PRAVARTAMAANE PRABHAVAADDEENAAM SHASHTIYAHA SAMVATSARAANAM
MADHYE **KARA NAAMA** SAMVATSARE, **DAKSHINAYANE**, **VARSHA** RITHOW, **SIMHA**
MAASE, **SHUKLA** PAKSHE, THRUTEEYAAM SUBHATHITHOW – VAASARAHA **SOUMYA**
VASARA YUKTHAAYAAM, **HASTHA** NAKSHATRA YUKTHAYAAM - SUBAYOGA,

SUBAKARANA SHUBA MUHURTE EVAM GUNA VISESHANA VISISHTAAYAAM,
ASYAAM THRUTEEYAAM SUBHATHITHOW MAMO PAAKTHA SAMASTHA DURITA
KSHYA DHWAARA SARVA PAPA HARANA NIPUNA SREE PAREMESHWARA
PREETHYARTHAM

ANAADHI AVIDYA VAASANAYA PRAVARTHAMAANE ASMIN MAHATHI SAMSAARA
CHAKRE VICHITRAABIHI KARMA GATHIBIHI VICHITRAASU YONISHU PUNA
PUNAHA ANEKADHA JANITHWA KENAAPI PUNYAKARMA VISESHANA
IDHAANEEMDHANA MAANUSHYE MAMAA DWIJA JANMA VISESHAM
PRAAPTHAVATHAHA MAMAA IHA JANMA PRABHRUTI IHA JANMANI POORVA
JANMANI JANMA JANMAANTARESHU YETAT KSHANA PARYANTAM BAALYE
VAYASI KOWMARE YOWVANE VAARDHAKECHA JAAGRATH SWAPNA SUSHUPTI
AVASTHAASU MANO VAAK KAAYAI: KARMENDRIA GYANENDRIA
VYAAPAARASCHA KAAMA KRODHA LOBHA MOHAMADHA MATHSARYAADHI
SAMBHAAVITAANAAM IHA JANMANI JANMANTHARE CHA JNANA AJNANA
KRUTAANAAM RAHASYA KRUTAANAAM PRAKAASHA KRUTAANAAM BRAHMMA
HANANA SURAAPAANA SWARNASTEYA GURUTALPAGAMANA THATSAT
SAMSARGA AKHYAANAM MAHAAPAATAKAANAAM MAHAA PAATAKA
ANUMRUTATVAADEENAAM ATI PAATAKAANAAM SOMAYAAGASTA KSHATRIA
VAISYA VADHADEENAAM SAMA PAATAKAANAAM GOVADHADEENAAM UP
PAATAKAANAAM MAARJARA VADHADEENAAM SANKALEE KARANAANAAM
KRIMI KEETA VADHADEENAAM MALINEEKARANAANAAM NINDITHA DHANAA
DHAANA UP JEEVA NAADEENAAM APAATHRI KARANAANAAM MADHYA
GHRAANA NAADEENAAM JAATI TAATI BHRAMSA KARAANAM VIHITAKARMA
THYAAGAADEENAAM ABIHITAKARMA AACHARANAANAAM
PRAKEERNAKAANAAM GNANATAHA SAKRUT KRUTAANAAM AGNAANATAHA
ASAKRUT KRUTAANAAM ATYANTA ABHYASTAANAAM NIRANTARA
ABHYASTAANAAM CHIRAKAALA ABHYASTAANAAM

PANKIBEDANA SWAAGABEDANA PARAANNABHOJANA SHOODRAPRESHYAA
HEENAJAADI TASYAA EVAM NAVANAAM NAVAVIDHAANAAM BAHONAAM
BAHUVIDHANAAM SARVESHAAM PAAPAANAAM HAVYAHA APANODANA
DVAARAA SAMASTA PRAPAKSHYAARTHAM MANGALAAMBIKAA SAMEDHA
AADIKUMBHESHWARA VISAALAAKSHI AMBIKA SAMETA KASI VISVESHWARA
SWAMI SANNIDHOU SEETHA LAKSHMANA BHARATA SHATRUGHANA HANUMAS
METHA SRI RAMA CHANDRA SWAMI SANNIDHOU VINAAYAKAADI SAMASTA
SWAAMI SANNI DHOW ASHWATHATHA NARAAYANA SWAMI SANNIDHOU DEVA
BRAAHMANA SANNIDHOU SAMASTHA HARI HARA DEVATAA SANNIDHOU TRYAA
TRIMSATH KOTI DEVATHAA SANNIDHOU SRI RUKMANI SATHYABHAMA
SAMETHA SRI GOPALA KRISHNA SWAMI SANNIDHOU – TAIYASHYAM
SRAAVANYAAM POURNAMAASYAAM ADHYAAYA UPAAKARMA KARISHYE

THADANGAM SRAVANE CHATHURTHYAAM PUNYAKAAL SAREERA
SHUDHARTAM SHUDDHODHAKA SNANAM AHAM ARISHYE.

(Remove the two darbha and put it on the north side - You can take the bath now or
even do the Prokshanam)

PUROKSHNA MANTRAM:

ATHIKROORA MAHAAKAAYA KALPAANTHA DAHANOPAMAA

BHAIRAVAAYA NAMASTHUBYAM ANUGYAAM DHAATHU MARHASI

DURBHOJANA DURAALAAPA DUSHPRATIGRAHA SAMBHAVAM PAAPAMHARA
MAMAKSHIPRAM SAHYAKANYE NAMOSTUTE TRUHAATRAM JAANNAVITEERE
PANCHARAATHRANTU YAAMUNE SADYAHA PUNAATU KAAVERI PAAPAM
AAMARNAANDHIKAM GANGA GANGETI YO BHRUYAAT YOJANAANAAM
SATAIRAPI MUCHYATE SARVA PAAPEBHYAHA VISHNU LOKAM SAGACHATI

AAPOHISHTA MAYO BHUVAHA STHAANA OORJE DADHATANA MAHERANAYA
CHAKSHUSHE YOUVAHA SHIVATA MORASAHA TASYA BHAJAYATE HANAHA
USHA TEERIVA MAATARAHA TASMAAHA ARANGA MAMAVAHA YAS
YAKSHYAYAA JINVATA AAP: JANAYATA JANAHA BHOORBHAVASUVAHA OM
BHOORBHAVASUVAHA

GOVINDHANAMA SAMKEERTHANAM - GOVINDA! GOVINDA

SPECIALMANTRA FOR BRAHMACHARI's (MOWJEEEDHARANA MANTRAM)

IYAM DURUKTHATH PARI BHADHAMANA SARMA VAROOTTHAM PUNATHI NA
AAGATH - PRAANAPANABYAM BALAMA BARAMTHI PRIYA DEVANAGUM SUBAGA
MEGALEYAM. RITHASWA GOPTRI THAPASAHA PARASPEE GNATHI

RAKSHA SAHAMANA ARATHIHI. SA NASAMANTHA MANUPAREEHI BADRAYA
BARTHARASTHE MEGALE MA RISHAMA.

KRISHNAJINA DHARANA MANTRAM (MAANTHOL)

MITRASYA CHAKSHUR DHARUNAM BALEEYA STHEJO YASASWI STHAVIRAGUM
SAMIDHAM ANAHANASYAM VASANAJJA RISHNU PAREEDHAM VAJYAJINAM
DADHEHAM.

DHANDA DHARANA MANTRAM (PLACHHI DHANDU)

SUSRAVAHA SUSRAVASAM MA KURU YATHA TWAGUM SUSRAVAHA

SUSRAVA ASYEVA MAHAGUM SUSRAVAHA SUSRAVA BHOOYASAM YATHA
TWAGUM SUSRAVO DEVANAAM NIDHI GOPO ASYEVAMAHAM
BRAAHMANANAAM BRAHMANO NIDHI GOPO BHOOYASAM.

THREAD CHANGING (POONAL MAARAL)

ACHAMANAM

ACHUDAAYA NAMAHA ANANTHAAYA NAMAHA GOVINDAAYA NAMAHA

KESHAVAA NARAAYANAA MADHAVAA GOVINDAA VISHNO MADHUSUDHANAA
TRIVIKRAMAA VAAMANAA SREEDHARAA RISHIKESHA PADMANAABHAA DAAMODARAA

OM SHUKLAAM BHARADHARAM VISHNUM SASHIVARNAM CHATHURBHUJAM
PRASANNA VADHANAM DYAAYETH, SARVA VIGNA UPASAANTHAYE -

PRANAYAMAM - OM BHUUHU, OM BHUVAHA, OGUM SUVAHA, OM MAHAHA, OM
JANAHA, OM THAPAHA, OGUM SATHYAM, OM THATSAVITHUR VARENYAM,
BARGODEVASYA DEEMAHI DHEEYO-YONA PRACHOTHAYAATH – OMAAPA:
JYOTHIRASA: AMRUTHAM BRAHMAA BHURBUVASSUVAROM. (TOUCH THE
RIGHT HAND EAR).

SANKALPAM: MAMOPAAKTHA SAMASTHA DHURITHA KSHAYADHWAARA SREE
PARAMESWARA PREETHYARTHAM

**SRAAVANYAAM CHATURTHYAAM ADHYAAYA UPAAKARMA
ANGAM**

SROWTHA SMAARTHA VIHITHA NITYAKARMA ANUSHTAANA SADHAACHARA
YOGYATHAA SIDHYARTHAM

BRAHMATHEJO: ABI VRUDHYARTHAM YAJNOPAVEETHA DHAARANAM
KARISHYE.

1st Poonal:

YAJNOPAVEETHA DHAARANA MAHAAMANTRASYA PARABRAHMA RISHIHI,
(TOUCH THE HEAD)

TRISHTUP CHANDHAHA (TOUCH THE NOSE)

PARAMAATHMA DEVATHA (TOUCH THE CHEST).

YAGYOPAVEETHA DHAARANE VINIYOGAHAA (KEEP BOTH HANDS AS
"NAMASTHE" FOR A SECOND).

TAKE THE NEW POONAL (ONE BY ONE) IN THE HAND AND SAY - (BRAHMA
MUDICHU IN RIGHT HAND (INNER SIDE FACING THE SKY)LEFT HAND WITH
INNER SIDE FACING BHOOMI WITH PAVITRAM FINGER IN WATER IN THE
PANCH PAATRAM) AND SAY:

YAGYO PAVEETHAM PARAMAM PAVITHRAM PRAJAAPATHE:

YATHU SAHAJAM PURASTHA ATHU

AAYUSHYAM AGRIYAM PRATHIMUNJA SHUBRAM

YAGYOPAVEETHAM BALAMASTHU THEJAHAA – HARI: OM (WEAR ONE POONAL).

For married persons - Second Poonal:-

gaarkhasidhiartham dwideeya yagnjopaveetha dhaaranam karishye:

Yagnopaveetham paramam pavithram praja patheh,
Yat sahajam purasthat aayushyam
Agriyam prathi muncha shubhram yagnopaveetham balamasthu thejah
HARI: OM .

For married persons - Threed Poonal:-

gaarkhasidhiartham Thrithieeya yagnjopaveetha dhaaranam karishye:

Yagnopaveetham paramam pavithram praja patheh,
Yat sahajam purasthat aayushyam
Agriyam prathi muncha shubhram yagnopaveetham balamasthu thejah HARI:OM .

AACHAMANAM

REMOVE THE OLD POONAL - SAY –

UPAVEETHAM BHINNATHANTHUM JEERNAM KASHMALA DHOOSHITHAM

VISRUJAAMI PUNA: BRAHMA VARCHO DEERGAYURASTHU ME. (PUT THE POONAL IN THE RIGHT HAND SIDE).

- OM THATSATHU BRAHMARPPANAM ASTHU
- AACHAMANAM

DEVA RISHI THARPANAM

Achanamam / Wear two leaves dharba pavithram / Praanaayaamam Harih Omm

Om Achyuthaya namah 2,Om Ananthaya namah 3.Om Govindaya namah
Then

Touch with thumb both cheeks saying keshava -Narayana
Touch with ring finger both eyes saying Madhava –govinda
Touch with the first finger both sides of nose saying Vishnu-Madhusoodana
Touch with little finger both ears saying Trivikrama-Vamana
Touch with the middle finger both shoulders saying Sreedhara-Hrishi kesha
Touch with all fingers the belly button saying Padmanabha
Touch with all fingers the head saying Damodara.

Sukhlaambaratharam Vishnum sasivarnam chathurbhujam |
Prasannavadanam dhyayeth sarvavigknobashanthaye||

Om Bhoooh, Om Bhuvah, Ogum Suvah, Om Mahah, Om Janah, Om Thapah,
Ogum Sathyam, Om Tatsa vithur varenyam Bargo devasya dhi mahi dhiyo yona
Prachodayath Om Apah Jyothj rasah Amrutham brahma Bhoorbuvasuvarom
Touch the ears three times saying Om, Om, Om

Mamo Partha Samasta Duritha kshaya dwara Sri Parameshwara Preethyartham.
Apavithraha pavithro Va Sarvavastham gathopiva,
Ya smareth pundarikaksham Sa bahya abhyanthara suchi
Manasam vachikam paapam karmana samuparjitham
Sri Rama smarane naiva vyapohathi Na samsayah
Sri Rama-Rama Rama
Tithir Vishnu tatha vaarah nakshatram Vishnureva cha,

Yogascha karanam Chaiva sarvam Vishnu mayam jagat
Sri Govinda Govinda Govinda

Adhya Sri bhagavataha maha purushasya vishnor agnaya pravarthamanasya adhya brahmanaha dweethiya parardhe shwetha varaha kalpe vaivasvatha manvanthare ashta vimsathi thame kali yuge prathame padhe jambu dweepe (For North America - Krauncha Dweepe) bharaatha varshe (For North America - RamaNaka Varshe) bharaatha khande (For North America - Aindra KhaNde) meroaho dakshine parswe (For North America - PaschimE Parswe) shakabdhe asminnu varthamane vyavahaarike prabavadeenam sashtya samvatsaraaNam madhye.

VirOdhii Naama samvathsare, Dakshinaayane, varsha rithou, simha Maase, Sukhla Pakshe, chathurthyaam subha thithou, Bhanu vaasara yukthaayaam, hastha Nakshathra yukthaayaam, subha yoga, subha Karane, Evamguna ViseshaNam visishtaayaam asyaam chathurthyaam subhathithou,

adhyaayana uthsarjana karmani devarishi pithru preethiyartham devarishi pithru tharpanam cha adhya karishye. devaan yathaa poorvam tharpayishyamah:

APA UPASPRISHYA:-

Now keep ready **the Erukkan leaves**, needed quantity of water **akshathai** and then proceed with **tharppanam** with the following mantra:

upaviti (Regular wearing of poonal)

change position of poonal to the left shoulder

001. agni thrupyathu
002. brahma thrupyathu
003. soma thrupyathu
004. shiva: thrupyathu
005. prajapati thrupyathu
006. savit a t thrupyathu
007. indraa thrupyathu

008. bruhaspathi thrupyathu
009. thvashtaa thrupyathu
010. vishNu thrupyathu
011. yama: thrupyathu
012. vaayu: thrupyathu
013. aaditya thrupyathu
014. chandramaa thrupyathu
015. nakshatraaNi thrupthayanthu
016. sahaddevatabhi vasava: thrupthayanthu
017. rudra thrupthayanthu
018. aaditya thrupthayanthu
019. bhrugava thrupthayanthu
020. aangirasa: thrupthayanthu
021. saadhyaA thrupthayanthu
022. marutha thrupthayanthu
023. vishvEdevaa thrupthayanthu
024. sarvedevaa thrupthayanthu
025. vaak cha thrupyathu
026. manascha thrupyathu
027. aapEksha thrupthayanthu
028. aushadhyaksha thruptayanthu
029. indraagni trupyathaam

030. dhaataa thrupyathu
031. aryamaa thrupyathu
032. sardhamaasarthava thrupthyanthu
033. diti thrupyathu
034. aditi thrupyathu
035. indraaNi thrupyathu
036. umaa thrupyathu
037. shree cha thrupyathu
038. sarve cha devapatnyaa trupthyanthu
039. rudra thrupyathu
040. skandavisaakau thrupthyathaam
041. vishwakarmaa thrupyathu
042. darsashya thrupyathu
043. paurNamaascha thrupyathu
044. chaturvedyaam thrupyathu
045. chaturhautram thrupyathu
046. vaihaarikaa thrupyanthu
047. paakayanjaa trupthyanthu
048. sthaavara yagnjaangame trupyatham
049. parvat seeshaa trupthyanthu
050. bhavya thrupyathu
051. nadhya thrupyanthu

052. samudra thrupyathu
053. apaampati thrupyathu.
054. yajamaane ye deva ekaadasaaka: trayaksha trineecha sadhaa trayacha
tirneecha sahatsraa trupthyanthu
055. dvipavitrayaa devaam truptyantham
056. eka pavithrya devaam manushya prabhutaya trupthyanthu
057. sangarshana vaasudevo thrupthyathaam
058. dhanvantari thrupyathu
059. saadhukaara thrupyathu
060. udara vaishravaNa poornaabhadra maNibhadra thrupyanthu
061. yathudhaana: thrupyanthu
062. yakshaa thrupyanthu
063. rakshaasmsmi trupthyanthu
064. ithara gaNaa thrupyanthu
065. traiguNyam thrupyathu
066. naama arkhyaata upasarga nipaathaa trupthyanthu
067. devarshaya thrupyanthu.
068. Mahaavyaagrudaya: thrupyanthu
069. saavitrhi thrupyathu
070. ruchah thrupyanthu
071. yajumshi trupthyanthu
072. saamaani trupthyanthu

073. kaandaNi trupthyanthu
074. eshaam daivathaani trupthyanthu
075. praayachittaani trupthyanthu
076. sukhriyopanishada: thrupyanthu
077. shoki thrupyathu
078. sukha thrupyathu
079. shaakalya thrupyathu
080. paanchaala thrupyathu
081. rashaabhi thrupyathu

Rushi tharppaNam – change poonal as Mala - garland (to hang from neck as garland)

082. vyaasa thrupyathu
083. paraasaryah thrupyathu
084. tandi thrupyathu
085. kuki thrupyathu
086. kauseeki thrupyathu
087. badabaa thrupyathu
088. pratitheyi thrupyathu
089. maitraayani thrupyathu
090. daakshayani thrupyathu
091. sarvaachaarya thrupyanthu
092. kulaachaarya thrupyanthu.

093. gurukulavaasina thrupyanthu
094. kanyaa thrupyathu
095. brahmachaari thrupyathu
096. aatmaarathi thrupyathu
097. yaagnjavalkya thrupyathu
098. raanaayani thrupyathu
099. satyamugri thrupyathu
100. durvaasa thrupyathu
101. bhaaguri thrupyathu
102. gaurundi thrupyathu
103. gaulgulavi thrupyathu
104. bhagavaan aupamanyavah thrupyathu
105. daaraala thrupyathu
106. gargisavarNi thrupyathu
107. varshagaNa yakshaa thrupyathu
108. kuthumiksha thrupyathu.
109. shalihotraksha thrupyathu
110. jaiminiksha thrupyathu
111. atih thrupyathu
112. bhalla bavi thrupyathu
113. kaalabavi thrupyathu
114. tandyaah thrupyanthu

115. vruksha thrupyathu
116. vrukshaanagaksha thrupyathu
117. rurukisha thrupyathu
118. agastya thrupyathu
119. batkashira thrupyathu
120. kuhusha thrupyathu.

Deva TharppaNam - Upaveetham - wear Poonal as usual

121. agni thrupyathu
122. brahmaa thrupyathu
123. devaa thrupyanthu
124. vedaa thrupyanthu
125. omkaaraa thrupyathu
126. saavitri thrupyathu
127. yanjaa: thrupyathu
128. dyaavaparthivi thrupyathaam
129. ahoraatraaNi trupthyanthu
130. samkhyaa thrupyanthu
131. samudraa thrupyanthu
132. kshetrasadhi vanaspataya trupthyanthu
133. gandharvaa thrupyanthu

134. apsarasah thrupyanthu
135. nagaah thrupyanthu
136. yakshaa thrupyanthu
137. rakshaamsi thrupyanthu bhutamshaiva anumanyanthaam
138. jaimini thrupyathu
139. viswaamitra thrupyathu
140. vasishta thrupyathu
141. paraasara thrupyathu
142. jaananthu thrupyathu
143. baahava thrupyathu
144. gautama thrupyathu
145. sahkalya: thrupyathu
146. baabhravya thrupyathu
147. maandavya thrupyathu
148. badabaa thrupyathu
149. Pratitheyi thrupyathu

Rishi TharppaNam - wear poonal as Mala (as garland):

150. namo brahmaNe thrupthirasthu
151. namo brahmaNebhya thrupthirasthu
152. nama achaaryebhya thrupthirasthu
153. nama rshibhya thrupthirasthu
154. namo devebhya thrupthirasthu

155. namo vedebhya thrupthirasthu
156. namo vaayavesha thrupthirasthu
157. mruthyaveksha thrupthirasthu
158. VishNaveksha thrupthirasthu
159. namo vaishravaNaayacha thrupthirasthu
160. sarvadatta gargyata upajaayatha tasmainama: thrupthirasthu
161. sarvadatta gargyata rudrabhute drahyayaNe upajaayatha tasmainama:
thrupthirasthu
162. rudrabhuti drahyayaNi traatat aishumataat upajaayatha tasmainama:
thrupthirasthu
163. tratat aishumata nigataat parNavalke upajaayatha tasmainama:
thrupthirasthu
164. nigataat parNavalki girisarmaNa khaNde viddhe upajaayatha
tasmainama: thrupthirasthu
165. girisarma khaNdeviddhi brahmavruddhe chandogamaahake upajaayatha
tasmainama: thrupthirasthu
166. brahmaiddhi chandogamaaaki mitra varchasa sthairakayaanaat
upajaayatha tasmainama: thrupthirasthu
167. mitravarcha sthairakayaana suprat istaat aulundyaath upajaayatha
tasmainama: thrupthirasthu
168. supratita aulundya bruhaspati guptaat shayasthe upajaayatha
tasmainama: thrupthirasthu.
169. bruhaspatigupta shaayasthitah bhavatrataath shreyasthe upajaayatha
tasmainama: thrupthirasthu
170. bhavatrata shaayasthi kustukaat sharkaraakshaat upajaayatha
tasmainama: thrupthirasthu

171. kustuka sharkaraakshat shraravaNa dattaat kauhalat upajaayatha
tasmainama: thrupthirasthu
172. shravaNadattat kauhala sushradaat shalankaayanaath upajaayatha
tasmainama: thrupthirasthu
173. sushrada shalankaayana oorjayata aupamanyavaat upajaayatha
tasmainama: thrupthirasthu
174. oorjayana aupamanyava bhanumataH aupamanyavaat upajaayatha
tasmainama: thrupthirasthu
175. bhaanumaan aupamanyava anandaaja chandhanaayanaat upajaayatha
tasmainama: thrupthirasthu
176. annandaaja chandhanaayana .sambaat sharkaraakshaat
khambojaachcha aupamanyavaat upajaayatha tasmainama: thrupthirasthu
177. shamba sharkaraarshaa khmbojaachcha aupamanyava madragaaraat
shaumgaayane upajaayatha tasmainama: thrupthirasthu.
178. madragaara shaumgaayani satharaushtaakshe upajaayatha
tasmainama: thrupthirasthu
179. satharaushraakshi sushravasa: varshagaNyaath upajaayatha
tasmainama: thrupthirasthu
180. sushtravasa: praaranhaath khauhalaath upajaayatha tasmainama:
thrupthirasthu
181. prataraahnaa kauhala ketorvaajyath upajaayatha tasmainama:
thrupthirasthu
182. keturvaajya mitravindaat kauhalat upajaayatha tasmainama:
thrupthirasthu
183. mitraavinda kauhala sunithaat kaapadavaat upajaayatha tasmainama:
thrupthirasthu
184. sunithah kaapadavad sutemanasa shandilyaayaanaat upajaayatha
tasmainama: thrupthirasthu

185. sutemana shaandilyaayana amsoh dhanañjayaat upajaayatha
tasmainama: thrupthirasthu
186. amsoh dhanañjyyu amaavaasyaat shandilyaayanaat radhachcha
gautamaat upajaayatha tasmainama: thrupthirasthu
187. raadhaah gautamah gaatu gautamaat pituh upajaayatha tasmainama:
thrupthirasthu.
188. gaataa gautamah samvargajita laamakaayanaat pitu upajaayatha
tasmainama: thrupthirasthu
189. samvargajit laamakaayana shaakadaasaat bhaaditaayanaat upajaayatha
tasmainama: thrupthirasthu
190. shakadaasa bhaaditaayana vishakshanaat tandyaat pitu upajaayatha
tasmainama: thrupthirasthu
191. visakshanah: taandya: gardabhimukhaat shandilyaanaath upajaayatha
tasmainama: thrupthirasthu
192. gardaabhimukhaah shandilyaayana udarashandilyaath upajaayatha
tasmainama: thrupthirasthu
193. udarashandilyaa atidhanvanaksha saunakat masakaachcha gaargyaat
upajaayatha tasmainama: thrupthirasthu
194. masaka gaargya sthirakaat gargyaat pitu upajaayatha tasmainama:
thrupthirasthu
195. sthiraka gargyaa vasishtaata chaikitaaneyaat upajaayatha tasmainama:
thrupthirasthu
196. vasishtaha saikitaaneya vasishtaata auraihaNyaata raajanyaath
upajaayatha tasmainama: thrupthirasthu.
197. vasishtaa ayraihaNyaa rajanya sumantraat babhravaat gautamaat
upajaayatha tasmainama: thrupthirasthu
198. sumantra baabhrava gautamaat vaanheyaat bhaaradvaajaat upajaayatha
tasmainama: thrupthirasthu

199. susah vaanheya bhaaradvaaja araalaata darteyat saunakaat
upajaayatha tasmainama: thrupthirasthu
200. araalaa darteya saunakaad dihte aindrotaat saunakaat pitu upajaayatha
tasmainama: thrupthirasthu
201. dhite aindrotaa saunakaa indrotat saunakaat pitureva upajaayatha
tasmainama: thrupthirasthu
202. indrotaa saunakaa vrushasushnaat vathaavathath upajaayatha
tasmainama: thrupthirasthu
203. vrushasushnaath vathavathath nikothakaath bhayajatyaat upajaayatha
tasmainama: thrupthirasthu
204. nikothaka bhayajatyaa pratithe devatarathaath upajaayatha tasmainama:
thrupthirasthu
205. pratithi devatarathah devatarasa savasaayanaat pitu upajaayatha
tasmainama: thrupthirasthu
206. devatara. savasayaanat savasa pitureva upajaayatha tasmainama:
thrupthirasthu
207. savah agnibhuva kaashyapaat upajaayatha tasmainama: thrupthirasthu
208. agnibhu kashyapa indrabhuva kaashyapaat upajaayatha tasmainama:
thrupthirasthu
209. indrabhu kaashyapa mitrabhuva kaashyapaat upajaayatha tasmainama:
thrupthirasthu
210. mitrabhu kashyapaa vibhandakaath kaashyapaat pitu upajaayatha
tasmainama: thrupthirasthu
211. vibhaandaka kaashyapa rushyashringaath kaashyapaat pitureva
upajaayatha tasmainama: thrupthirasthu
212. rushyashringa kashyapa kaashyapaat pitureva upajaayatha tasmainama:
thrupthirasthu
213. kaashyapa agne upajaayatha tasmainama: thrupthirasthu.

devatarpaNam - upaveethi (wear poonal as regular)

214. agni indraath upajaayatha tasmainama: thrupthirasthu
215. indra vaayo upajaayatha tasmainama: thrupthirasthu
216. vayu mrutyo upajaayatha tasmainama: thrupthirasthu
217. mrutyu prajaapathe upajaayatha tasmainama: thrupthirasthu
218. prajapati brahmaaNam upajaayatha tasmainama: thrupthirasthu
219. brahmaaNam svayambhu tasmainama: tebhyo nama thrupthirasthu
220. aachaarya namaskruthva atha vamsaasya keerthayeth svadha
purveshaam bhavathi netayurdighamashnuthe ||
221. ithyukthva anukrameth vamsam aabrahmaana: ||

Rishi TharppaNam - Neevithi - wear poonal as mala (garland)

222. nayan aryamabhuvathe kaalabavaath upajaayatha tasmainama:
thrupthirasthu
223. aryamabhuti kaalabava bhadraasharmaNah kausikaat upajaayatha
tasmainama: thrupthirasthu
224. bhadraasarma kausika pushyayashasa audavraje upajaayatha
tasmainama: thrupthirasthu
225. pushyayashasa audavraji samkaraat gautamaat upajaayatha
tasmainama: thrupthirasthu
226. samkara gautamaa aryamaa raadachcha gobhilat upajaayatha
tasmainama: thrupthirasthu
227. pusaamitra gobhila ashwamitrat gobhilaat upajaayatha tasmainama:
thrupthirasthu
228. ashwamitra gobhila varuNaamitraat gobhilaat upajaayatha tasmainama:
thrupthirasthu.

229. varuamitra gobhila mulamitraat gobhilaat upajaayatha tasmainama:
thrupthirasthu
230. mulamitraa gobhilaa vatsamitraat gobhilaat upajaayatha tasmainama:
thrupthirasthu
231. vatsamitra gobhila gaulgulavi putraat gobhilaat upajaayatha
tasmainama: thrupthirasthu
232. gaulgulavi putra gobhila bruhadvaso gobhilaat pitu upajaayatha
tasmainama: thrupthirasthu
233. bruhadvasu gobhilaa gobhila deva upajaayatha tasmainama:
thrupthirasthu
234. gobhila raadhaahchcha gautamaat upajaayatha tasmainama:
thrupthirasthu
235. raadhaah gautamah samvargajit pitu upajaayatha tasmainama:
thrupthirasthu
236. gata gautama samvargajita laamakaayanaat upajaayatha tasmainama:
thrupthirasthu
237. samvargajit laamakaayana sakadaasaat bhaadhithaayanaath
upajaayatha tasmainama: thrupthirasthu
238. sakadaasah bhaaithaayana vichakshaNaath taandyaat upajaayatha
tasmainama: thrupthirasthu.
239. vichakshaNa taandyah gardabhimukhaath saandilyaayanat upajaayatha
tasmainama: thrupthirasthu
240. gardabhimukha saandilyaayana udarasaandilyaat upajaayatha
tasmainama: thrupthirasthu
241. udarasaandilya atidhanvanaksha saunakaat mashakachha gargyaat
upajaayatha tasmainama: thrupthirasthu
242. mashaka gaargya sthirakaat gaargyaat pitu upajaayatha tasmainama:
thrupthirasthu

243. sthiraka gaargyaa vasishtaath chaikitaaneyaath upajaayatha tasmainama:
thrupthirasthu
244. vasishtah chaikitaaneya vasishta haraihayaath raajanyaath upajaayatha
tasmainama: thrupthirasthu
245. vasishta haaraihaNya raajanya sumantraath babhravaath gautamaath
upajaayatha tasmainama: thrupthirasthu
246. sumantra babhrava gautama susaath vahnheyaath bharadvajaath
upajaayatha tasmainama: thrupthirasthu
247. susah vanheya bharadvaja araalaaath darteyaath saunakaath upajaayatha
tasmainama: thrupthirasthu.
248. Araala: daarteya: shaunakaa driteh aindrotaath shaunakaath pitu
upajaayatha tasmainama: thrupthirasthu
249. driteh aindrotaa shaunaka indrotaa shaunakaath pitureva
upajaayathatasmainama: thrupthirasthu
250. aindrotat shaunaka vrushushnaath vaadaavadaath upajaayatha
tasmainama: thrupthirasthu
251. vrushashushna: vaathaavadat nikothakaath bhaayajaatyath upajaayatha
tasmainama: thrupthirasthu
252. nikothakaa bhaayajaatyaa pratithe devatarathaath upajaayatha
tasmainama: thrupthirasthu
253. pratithi devataratha devatarasaa shavasaayanaath pitu upajaayatha
tasmainama: thrupthirasthu
254. devataraa. shevasaayanaa shavasa pitureva upajaayatha tasmainama:
thrupthirasthu
255. shavaah agnibhuva kashyapaath upajaayatha tasmainama: thrupthirasthu
256. agnibhu kashyapa indrabhuva kashyapaath upajaayatha tasmainama:
thrupthirasthu

257. Indrabuh kashyapa mitrabhuva kashyapaat upajaayatha tasmainama:
thrupthirasthu

258. mitrabhuh kaashyapa vibhandakaat kashyapa pituh upajaayatha
tasmainama: thrupthirasthu

259. vibhandakat kashyapa rushyashrungat pitureva upajaayatha
tasmainama: thrupthirasthu

260. rushyashrungat kashyapa kashyapaath pithureva upajaayatha
tasmainama: thrupthirasthu

261. kashyapa agne upajaayatha tasmainama: thrupthirasthu

Deva TharppaNam - upaveethi - wear poonal as usual

262. agni indraat upajaayatha tasmainama: thrupthirasthu

263. indra vaayo upajaayatha tasmainama: thrupthirasthu

264. vayu mrutyo upajaayatha tasmainama: thrupthirasthu

265. mrutyu prajaapathe upajaayatha tasmainama: thrupthirasthu

266. prajapati brahmaa upajaayatha tasmainama: thrupthirasthu

267. brahma svayambhu tasmainama: tebhyo nama thrupthirasthu

**pithru tarpaNam – Praachinaaveethi – Change poonal to
hang from right shoulder. (Only those who does the pithru
tharpanam to continue with following)**

but it is Recommend that to do all .

pithruNam thrupthirasthu

pithamahan thrupthirasthu

prapithamahan thrupthirasthu

maathruNaam thrupthirasthu

mathamahan thrupthirasthu

pramaathaamahan thrupthirasthu

aacharyaNam thrupthirasthu

prqacharyaaNam athrupthirasthu

samhithakara padakara sutrakara brahmakaaraNam thrupthirasthu

brahmaana anapatyaanam thrupthirasthu

brahmaaninaam ekapatninam thrupthirasthu

sarveshaam brahmmachariNam thrupthirasthu **Change the poonal to upaveetham (as usual). Remove all the old pavithrams.**

BRAHMAYAGYAM - AACHAMYA

AUM SUKLAAM BARADHARAM VISHNUM SASHI VARNAM CHATHURBHUJAM
PRASANNA VADHANAM DHYAAAYETH SARVA VIGNA UPASHAANTHAYE -

OM BHUHU, OM BHUVAHA, OM GUM SUVAHA, OM MAHAHA, OM JANAHA, OM
THAPAHA, OOGUM SATHYAM OM THATSAVITHUR VARENYAM BHARGO
DEVASYA DEEMAHI DHEEYO-YONA PRACHOTHAYAATH - OMAAPA:
JYOTHEERASAAH AMRUTHAM BRAHMAA BHURBUVASSUVAROM OM OM OM.

MAMOPAAKTHA SAMASTHA DHURITHA KSHAYADHWAARA SRI PARAMESWARA
PREETHYARTHAM - BRAHMAYAGYAM KARISHYE - BRAHMA YAGNENA YAKSHYE

VIDHYURASI VIDHYAME PAAPMAANAM RUTHAAT SATHYAM UPAIMI (CLEAN
HANDS WITH WATER)

OM BHUUHU: TATSAVITHUR VARENYAM, OM BHUVAHAA BARGODEVASYA
DEEMAHI, OGUM SUVAHAA DHEEYO YONAHAA PRACHODHAYAATH - OM
BHUHU: TATSAVITHURVARENYAM, BARGODEVASYA DEEMAHI, OM BHUVAHAA
DHEEYO YONAHAA PRACHODAYAATH - OGUM SUVAHAA
TATSAVITHURVARENYAM, BARGODEVASYA DEEMAHI, DHEEYO YONA
PRACHODAYAATH -

HARI:OM AGNIMEE EELE PUROHITHAM YAJNASYA DEVAM RITHWIJAM, HOTHAA
AARAM RATHNA DHAATHAMAM HARI: OM

HARI: OM ISHE TVOR JETWAA VAAYAVASTHA UPAAYAVASTHA DEVOVAHAA
SAVITHAA PRAARPAYATHU SRESHTATHAMAAYAA KARMANE

HARI: OM AGNA AAYAAHI VEETHAYEE GRUNAANAHAHA HAVYADHAATHAYE NI
HOTHA SATSI BARHISHI HARI: OM

HARI: OM SHANNO DEVI: ABISHTAYE AAPO BAVANTHU PEETHAYE: SANYO: ABHI
SRAVANTHU NAHAA HARIH: OM

OM BHURBAVASUVAHAA (Take one udarni water in the right hand - with that water
round your head and say the mantram as)

OM SATHYAM THAPAHA SRADHAAYAAM JUHOMI.

(Keep both hands as Namaste and chant the mantra as)

OM NAMO BRAHMANE - NAMO ASTU AGNAYE, NAMA: PRITHIVYAI, NAMA
OWSHADHEEBYAHAA, NAMO VAACHE NAMO VAACHASPATHAYE NAMO
VISHNAVE BRUHATHE KAROMI (3 TIMES)

VRUSHTIRASI VRUSCHA ME PAAPMAANAM AMRUTHAATH SATHYAM UPAAGAM
(with little water touch your both hands Muttu)
GOVINDA NAMA SANKEERTHANAM – GOVINDA GOVINDAA

deva-rishi-pithru tharpanam karishye.

Do deva tharpanam through the tip of fingers

1. Bramodaya ye deva than devaan tharpayami
2. Sarvaan devaan tharpayami
3. Sarva deva ganaan tharpayami
4. Sarva deva pathnis tharpayami
5. Sarva deva ganapathnis tharpayami

*Do rishi tharpanam by wearing yagnopaveetha as garland and pouring out
water from the little finger*

- 1, Krishna dwaipayana dayah ye rishaya than rishin tharpayami
2. Sarvaan risheen tharpayami
3. Sarva rishi ganaan tharpayami
4. Sarve rishi pathnis tharpayami
- 5, Sarva rishi gana pathnistharpayami
6. Prajapathim kanda rishim tharpayami
7. Somam kanda rishim tharpayami
8. Agnim kanda rishim tharpayami
9. Viswan devan kanda rishin tharpayami

Pour water from the tips of fingers

10. Sagumhithir devatha upanishada tharpayami
11. Yagnikeer devatha upanishada tharpayami

12. Varuneer devatha upanishada tharpayami
Pour out water from the liittle finger
13. Havyavaham tharpayami
14. Viswaan devaan kanda rishin tharpayaami
Pour water by the bottom of the palm towards self
15. Brahmanam swayambhuvam tharpayami
Pour out water from the liittle finger
16. Viswan devan kandarishin tharpayami
17. Arunan kandarishin tharpayami
Pour water from the tips of fingers
18. Sadasaspathim tharpayami
19. Rig vedam tharpayami
20. Yajur Vedam tharpayami
21. Sama Vedam tharpayami
22. Atharvana Vedam tharpayami
23. Ithihasa puranam tharpayami
24. Kalpam tharpayami

(Only those who have lost their father do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger).

1. Somah pithruman yamo angiraswan agni kavyavahana ithyadaya
ye pithara

thaan pithrun tharpayami,

2. Sarvaan pithrun tharpayami

3. Sarva pithru ganam tharpayami

4. Sarva pithru pathnistharpayami

5. Sarva pithru ganapanthnistharpayami

6. Oorjam vahanthi amrutham grutham paya keelaalam

parisruyatham swadaastha tharpayatha me pithrun trupyatha, trupyatha,
trupyatha (3 times)

15. Put the yagnopaveetha in the normal fashion

And then do aachamanam.

Brahma yagnam(sacrifice to Brahma) is the oblation offered to satisfy Devas,

Rishis(sages) and Pithrus(ancestors). It is supposed to be performed daily after

Madhyannikam, But nowadays it is done mainly on avani avittam days.

Summary meaning:Tharpanam means really satisfying.By this tharpanam we satisfy the rishi(sages) of Soma(moon), Agni(fire), Viswaan devan(all gods looking after earth), etc.

Vedarambham

Though these are essential part of Avani avittam ,

1. Chant Vedic manthras
Rigvedam (Om Agnimeele.....)
Yajurvedam (Om Ishe Tworje)
Samavedam(Om Agna Aayahi.....)
Atharvavedam(Om shanno.....)

I am not giving this because Vedic manthraas are very diffcult to transliterate in to English and reading them wrongly would be counter productive.(It is Strongly Recommended that the Veda Mantras must be pronounced as per Gurus Directions).

Compiled by Vish Viswanathan